



# This is the Barbara Schneider Foundation

The Barbara Schneider Foundation is working with its partners in law enforcement, courts, corrections, mental health, social service and health care systems to improve the response to those in mental health crisis and to prevent mental health crises. The Foundation formed in response to the death of Barbara Schneider on June 12, 2000, when she was shot by police during a confrontation in a mental health crisis call. Since then the Foundation has worked with its partners in all these systems to grow the CIT (Crisis Intervention Team) movement in Minnesota.

Immediately after Barbara Schneider's tragic death, mental health community advocates and law enforcement professionals came together to create a variety of training initiatives for law enforcement, mental health providers and local and state policy makers. Since then Barbara Schneider Foundation has been involved in working to improve the health care response to mental health crisis. The result has been more appropriate and effective mental health crisis response, improved officer safety and growing police/community partnerships.

Visit our website  
for all up to date information.  
[www.thebarbaraschneiderfoundation.org](http://www.thebarbaraschneiderfoundation.org)

## BSF's Mission

Eliminate the criminalization and abusive treatment of people with mental illness by improving public safety and mental health systems through proactive training and public education.

## BSF's Goals

- ♥ Speak out against violence in mental health crisis response.
- ♥ Advocate for high quality mental health crisis training for first responders including police, firefighters, paramedics, safety-net providers, mental health policy makers, and managers.
- ♥ Work to increase the capacity of mental health acute and long-term support systems that can prevent mental health crises.

## Become a friend of the Barbara Schneider Foundation

- Yes, I want to donate stock to BSF's brokerage account
- Yes, I want to designate BSF for donations in honor of a birthday or special event or as a memorial for a loved one \_\_\_\_\_
- Yes, call me with details about a BSF/Mental Health Crisis Response Institute training
- Yes, enclosed is my tax deductible gift of  \$250  \$100  \$25  other \_\_\_\_\_
- Yes, Register me for the following training \_\_\_\_\_  
My payment is enclosed \_\_\_\_\_ Send me an invoice \_\_\_\_\_ I will send you a PO# \_\_\_\_\_  
I will pay by credit card \_\_\_\_\_
- Yes, contact me about how my group or congregation can get involved

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Return to: Mark Anderson, Executive Director  
Barbara Schneider Foundation  
2419 Nicollet Avenue South  
Minneapolis, Minnesota 55404

[www.thebarbaraschneiderfoundation.org](http://www.thebarbaraschneiderfoundation.org)  
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# Update

## Barbara Schneider

Eliminate the criminalization of people with mental illness through proactive training and education.

# FOUNDATION

TRAINING  EDUCATION  ADVOCACY

### 2009 Sees Dramatic Growth for CIT in Minnesota

CIT, Crisis Intervention Teams, came to Minnesota nine years ago after the tragic death of Barbara Schneider when she was in mental health crisis. A group of mental health community activists, which was to become the Barbara Schneider Foundation, met with leadership of **Minneapolis Police Department** and they agreed to adopt the CIT model as a way of improving mental health crisis response. Minneapolis PD began giving their officers 40 hour Memphis Model CIT training with the assistance of Barbara Schneider Foundation. Since then, the CIT movement has grown steadily. 2009 is seeing a real take off of the program around Minnesota and surrounding states.

Minneapolis Police Department continues to grow their strong CIT program. This year Barbara Schneider Foundation is working with Ramsey County to develop a CIT program there, with a partnership between the **Ramsey County Sheriff's Office**, Ramsey County Human Services, Ramsey County Emergency Communications, **St Paul Police Department**, suburban police agencies and the Ramsey County Mental Health Advisory Council. This comprehensive CIT program provides an example of what CIT can be for other communities that are taking the first steps toward developing their own CIT program. It includes 911 call taker and dispatcher training and updating the 911 CAD system so CIT can be dispatched, 40 hour police and sheriff patrol CIT training, CIT training for jail and workhouse uniformed staff and the development of partnerships with hospital ER staff, mental health court, county mental health crisis workers, the mental health consumer and advocacy community, and elected officials in the county.

BSF continues to work with the **Hennepin County Sheriff's Office** to offer CIT training to their jail staff and to jail staff from around Minnesota. The next training in this series will bring in jail staff from **North and South Dakota** to help them take steps toward creating their own CIT programs in the Dakotas.

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Hennepin County Sheriff Stanek presents Lt Randy Carroll with an award for his work developing CIT for the Hennepin County Sheriff's Office

### 6th Annual BSF Summer Gala to be held August 13

Barbara Schneider Foundation invites you to join us for our annual Summer Gala to thank all our Partners, Volunteers and Contributors who participated in our work during the last year by volunteering, hosting a training, presenting at or attending a BSF training. The event will be from 7-10pm on Thursday, August 13, 2009 at the former 5th Precinct of the Minneapolis PD, now known at the Five Event Center, 2917 Bryant Avenue South.

The evening will be filled with music by the nationally known Yolande Bruce, delicious food, exciting prizes and great company. Yolande Bruce is best known as a member of the award winning vocal jazz group Moore by Four. She has performed with Moore by Four nationally and internationally, and opened for such legendary acts as Dizzy Gillespie, Ella Fitzgerald, Sara Vaughn, and BB King. Yolande has received many awards including the nomination for Best Female Jazz Artist by the Minnesota Music Awards. She is also an actress with stand out performances including Blues in the Night at the Ordway, and Black Nativity at the Penumbra Theater. She is a very versatile entertainer and Emcee, a performer not to be missed!



Exciting vocalist and actress Yolande Bruce

Seating is limited so purchase your tickets now on our home page or by sending a check to BSF. All pricing and other details are posted on the website: [www.thebarbaraschneiderfoundation.org](http://www.thebarbaraschneiderfoundation.org)

# Upcoming trainings

## Mental Health Crisis Response Institute: a Program of BSF

The **Mental Health Crisis Response Institute** brings all BSF's training programs under one roof to make it easier to access trainings and to strengthen the overarching themes of our trainings: Mental illness is a common health problem. All those that support individuals with a mental illness need training for their particular role as a provider or supporter in the legal framework they work within. Collaboration among the systems is key to preventing mental health crisis and supporting recovery. Trainings are provided for: police; detention and corrections; social service and mental health professionals; EMS; nursing and allied health staff; those who work with veterans; faith communities; attorneys and judges.

BSF created the **Mental Health Crisis Response Institute** to continue to grow its training mission by partnering with expert trainers and local agencies to address the concrete needs of those who encounter individuals struggling with a mental illness. Trainings are customized to meet the particular needs of students. For training details, all updated information, and to register and make payment, give us a call or go to the training page on our the

BSF website: [www.thebarbaraschneiderfoundation.org](http://www.thebarbaraschneiderfoundation.org)



### Social Service De-escalation Training: Managing the Mental Health Crisis

**June 2, 2009**, Temple Israel, Minneapolis. Our trainer is Jonathan W. Bundt, MA, LMFT. This training is designed to give professional and other care providers skills that will enhance their readiness and response to these crisis events. Participants gain understanding of how to intervene with individuals in crisis and maintain their own safety and that of their client. CEUs for Social Workers, Psychologists and Marriage and Family Therapists. This training can be customized and brought into your facility at a reduced rate.

### 911 Call Taker and Dispatcher Training

This training is available to any 911 system in Minnesota that wants to update call taker and dispatcher training to improve dispatch of CIT officers to mental health 911 calls.



### EMT/Paramedic Training for Mental Health Calls

BSF is sponsoring this training with its partners Crisis Company and Pro-Crisis. Other partners will include Metro Region EMS Board, local EMS providers and higher education institutions. Classes include presentations on symptoms and behaviors associated with diagnosable disorders and consumer presentations on their recovery process as well as scenario based role plays with professional actors and trained coaches. Available to all EMS provider systems. Watch for a special 8 hour training at the Arrowhead EMS Regional Conference in Duluth in January, 2010.

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### 32 Hour Crisis Intervention Team Mental Health Response for Corrections and Detention

**November 2-5** class, hosted by Hennepin County Sheriff's Office. Crisis Intervention Team (CIT) is a law enforcement mental health crisis response model developed by the

Memphis, Tennessee Police Department with its mental health partners in 1988. It teaches the de-escalation model of mental health crisis response. This training for corrections and detention staff is a 4-day program developed to address real world situations found in jails and prisons with daily scenario based role plays using professional actors.



### 40 Hour CIT Training for Law Enforcement

**November 9-13** hosted by Ramsey County Sheriff's Department for Sheriff deputies and police officers with law enforcement agencies in Ramsey County

### 8 Hour CIT Facilitator/Coach Training

**November 6**, Hosted by Hennepin County Sheriff's Office, no charge for CIT trained officers who want to be trained to coach role plays in the CIT training.

### Mental Health De-escalation for Office Staff

Appropriate for those who work in a government office, courts or other setting where callers or walk-ins may be struggling with mental health illness. Includes a consumer panel on recovery from severe mental illness and appropriate scenario role plays with professional actors. Contact BSF to discuss how training can be customized to your workplace.

### Customized Training for Faith Communities

This training is customized and offered to any interested faith community.

### LEAP Training

**Fall, 2009** Barbara Schneider Foundation will sponsor a LEAP training in collaboration with Dr. Xavier Amador and using our trainer, Patti Kressly, who he certified after she attended his training. Participants will gain an understanding of how to improve communication with individuals with a mental illness.

### Customized Training for Faith Communities

This training is customized and offered to any interested faith community.

### Children in Crisis: Juvenile De-escalation Training: Supporting Mental Health Recovery in the School Setting

**October 15**, Alexandria Technical College, Alexandria, MN. This training, held during MEA break, is for School Resource Officers, teachers and school based health providers. Participants will learn about juvenile mental health issues and ways to prevent and de-escalate crisis events and support recovery for children with mental health symptoms. Training is provided by BSF. Registration is through Alexandria Technical College.

## BSF Videos

### What's Our Problem? 13min.

Starring: Andrew Gadtke & Charles Jensen as themselves

This is the new Barbara Schneider Foundation 13 minute dvd that introduces the concept that professionals from a variety of mental health and criminal justice systems can effectively collaborate among themselves and with consumers of mental health services to improve outcomes for individuals with a mental illness. Hear from individuals diagnosed with schizophrenia and bi-polar disorder as well as a judge, probation officer, emergency room social worker, psychiatrist, city security manager and learn about hospital based care and the CIT model of mental health crisis response. BSF can send a representative to show the dvd to your group and then lead a discussion about CIT. This video has been posted on the BSF home page.

### Getting It Right 11min.

This 11 minute Barbara Schneider Foundation dvd introduces the CIT, Crisis Intervention Team, model by going on an actual CIT call with police officers and hearing from a CIT officer, consumers of mental health services, and a mental health provider about how law enforcement and mental health can work together to improve outcomes for individuals with a mental illness. BSF can send a representative to show the dvd to your group and then lead a discussion about CIT. This video is posted on the BSF website where you will find an accompanying discussion guide to help your group think about some of the topics. This video contains views of individuals from several professions and we have found it is an effective way to get a discussion started about mental health crisis issues and how we can work together to strengthen collaboration between our mental health and criminal justice systems.



## Minnesota Department of Human Services Strongly Supports CIT

Thanks go to the Minnesota Department of Human Services for their strong support for CIT this year. DHS funding support for classes and other CIT related work around the state has helped law enforcement and mental health partners in many communities strengthen their collaboration on mental health crisis calls. DHS grants supported the development of CIT in the following Adult Mental Health Initiatives: NW8 - Polk County Host; Region 2 – Hubbard County Host; BCOW and 4 South – Grant County Host; Region 7 East - Isanti County Host; CommUNITY- Benton County Host; Ramsey County; South Central Community Based – Blue Earth County; SW 18 – Cottonwood County Host; and CREST – Olmsted County Host.

## Thanks to Donors who Supported BSF's 4th annual CIT Conference

We couldn't have done it without you! A special thanks to Becky Barnes, Oswald Family Foundation and Eli Lilly for underwriting the conference.

And thanks as well to all the following organizations for their financial support of the conference: Argosy University Twin Cities, CIT International, Concordia University, Consumer / Survivor Network of Minnesota, Crisis Connection, Fairview, Guild Incorporated, Hennepin County Medical Center, Janssen Pharmaceutical, LEAP Institute, Mental Health Association of Minnesota, Metro Children's Crisis Services, Mille Lacs Health System, Minnesota Disability Law Center, MN CIT Officers Association, People Incorporated, NAMI-Minnesota, SAVE, St. Joan's Mental Illness Ministry, Tasks Unlimited-Interlachen Lodge, Prairie St. John's, and Trilogy Integrated Resources- Network of Care. Your support of CIT is much appreciated.

## What is CIT?

The Mayor of Memphis, Tennessee initiated the CIT model 20 years ago after the tragic shooting of a community member in mental health crisis by officers from the Memphis Police Department. The program is a partnership with local mental health consumers, advocates and providers. Police are the first responders, providers give the needed care, while consumers and advocates work to educate the public and policy makers about the importance of this and other mental health reforms in the community.

CIT has become a national model that has been widely adopted. CIT partners include all those agencies that respond to individuals at risk for mental health crisis: emergency psychiatry and social work; inpatient and outpatient health care; courts, corrections and probation; public and private long term support programs; family, and community. CIT partners include all those who support crisis prevention and recovery from mental illness.

In any community, the CIT partners form the resource base that supports the first responder role in mental health calls. CIT partners work to prevent crisis and support recovery so a 911 call won't be necessary as often. All CIT partners need training to understand their role in crisis prevention and recovery support. And because they make up the local mental health system in any community, they need to work together to make their local mental health system more effective. CIT training is a good place for CIT partners to have the conversation about working together with their police agency.

## 2009 Sees Dramatic Growth for CIT in Minnesota cont. from pg. 1

Thanks go to Eli Lilly for financial support which enabled BSF to provide a 40 hour CIT class for patrol, detention and corrections officers with our host, the **Washington County Sheriff's Office**. HSI and Washington County provided strong support for this training as well. The Washington County Mental Health Advisory Council is strategizing on how to grow the CIT program county wide with participation from law enforcement agencies around the county.

This year BSF has also worked with the ten counties in the **South Central Community Based Initiative** to help them develop a CIT program in south central Minnesota. The Chiefs in that area were interested in providing a base level of training for all their officers in mental health response. BSF worked with SCCBI and the Chiefs and Sheriffs to put on two mental health in-service trainings in each of the ten counties for their officers. The classes included a brief introduction to the CIT model, a presentation by a local mental health crisis staff person on what mental illness is and how crisis workers can work with law enforcement to respond to mental health crisis events. In addition there was a presentation of de-escalation by our police trainer, who has an MA in counseling psychology and is a retired South St Paul police officer, and then a two hour role play session with a professional actor who acted out the crisis while officers in the class practiced responding and discussed what was working and what wasn't working as response techniques. Over 97% of the officers rated the sessions as worthwhile and helpful. BSF ran a similar session with **Region 7 East police, sheriff deputies, tribal police officers** and crisis workers as a way to help them begin to develop CIT in their area. Plans are being made to follow up these introductory in-service trainings with 40 hour CIT training sessions.

## Hold the Date

6th Annual Summer Gala to thank our partners, volunteers and contributors  
August 13, 2009 7-10pm, 5 Event Center, Former MPD 5th Precinct, 2917 Bryant Av S, Minneapolis.

Get tickets now on our website:  
[www.](http://www.thebarbaraschneiderfoundation.org)

[thebarbaraschneiderfoundation.org](http://thebarbaraschneiderfoundation.org)



## BSF's 2009 Board

- ♥ Susan McNellis, Chair
- ♥ Jan Buntz, Vice Chair
- ♥ Julie Pearson, Secretary
- ♥ Ivy Chang, Treasurer
- ♥ Sharon Lund
- ♥ Theresa Carufel
- ♥ Andrew Gadtke
- ♥ Rick Dennison
- ♥ Veta Segal
- ♥ Charles Jensen
- ♥ Sgt Kent Mueller

## Contact Us

**Mark Anderson** has been our Executive Director since 2003. **Renee Jensen** has been our Community Collaboration Coordinator since 2007. They can be reached by phone: (612)801-8572; by email: [admin@thebarbaraschneiderfoundation.org](mailto:admin@thebarbaraschneiderfoundation.org); by fax: (612)801-8572; by mail: BSF, 2419 Nicollet Avenue, Minneapolis, MN 55404. Give them a call with questions about trainings, help building collaborations in your community or concerns you have about mental health crisis response or prevention.

Log on to our website  
[www.thebarbaraschneiderfoundation.org](http://www.thebarbaraschneiderfoundation.org) for more background about our work, details of upcoming events or to make an online donation.